

# TIMETABLE PER AGE GROUP

Northbridge Dance Studios Timetable 2022



## PRESCHOOL (18 months to 5 years)

<b>READY SET MOVE (18mths - 3 yrs)</b>	Thursday	09.30am - 10.15am
	Friday	11.15am - 12.00pm
	Saturday	09.00am - 09.45am

<b>READY SET BALLET (2.5 - 5 yrs)</b>	Thursday	10.30am - 11.00am
	Friday*	09.30am - 10.00am
	Saturday	08.00am - 08.30am

<b>READY SET DANCE (2.5 - 5 yrs)</b>	Thursday	11.10am - 12.10pm
	Friday*	10.10am - 11.10am
	Saturday	08.00am - 09.00am 08.40am - 09.40am

## KINDERGARTEN (5 to 6 years)

<b>Preprimary Ballet (Option 1)</b>	Wednesday	03.55pm - 04.40pm
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<b>Preprimary Ballet (Option 2)</b>	Saturday	09.55am - 10.40am
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<b>Movers &amp; Groovers</b>	Wednesday	03.45pm - 04.30pm
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<b>Acro Level 1</b>	Wednesday	04.40pm - 05.25pm
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<b>Beginner Hip Hop</b>	Tuesday	03.45pm - 04.30pm
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\*These classes are the proposed Level 1 classes (2.5-3.5yrs) but subject to interest and may change to mixed age.

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## YEAR 1 (6 to 7 years)

**Primary Ballet**      Wednesday    03.45pm - 04.45pm

**Jazz 1**      Thursday    04.00pm - 05.00pm

**Acro Level 2**      Thursday    05.00pm - 05.45pm

**Beginner Hip Hop**      Tuesday    03.45pm - 04.30pm

**Tap Level 1**      Friday    04.55pm - 05.40pm

## Year 2 (7 to 8 years)

**Grade 1 Ballet**      Monday    03.45pm - 04.45pm  
**(2x week compulsory)**      Saturday    09.50am - 10.50am

**Jazz 2/3**      Monday    04.45pm - 05.45pm

**Acro Level 2**      Saturday    10.50am - 11.35am OR  
Thursday    05.00pm - 05.45pm

**Junior Hip Hop**      Friday    03.45pm - 04.45pm  
**(Yr 2/3)**

**Tap Level 2**      Friday    04.00pm - 04.45pm

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## YEAR 3 (8 to 9 years)

<b>Grade 2 Ballet</b>	Tuesday	03.45pm - 04.45pm
	Thursday	03.45pm - 04.45pm

<b>Modern 3</b>	Tuesday	04.45pm - 05.45pm
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<b>Acro Level 2</b>	Saturday	10.50am - 11.35am OR
	Thursday	05.00pm - 05.45pm

<b>Jazz 2/3</b>	Monday	04.45pm - 05.45pm
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<b>Junior Hip Hop (Yr 2/3)</b>	Friday	03.45pm - 04.45pm
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<b>Tap Level 2</b>	Friday	04.00pm - 04.45pm
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## Year 4 (9 to 10 years)

<b>Grade 3 Ballet</b>	Monday	03.45pm - 04.45pm
	Friday	03.45pm - 04.45pm

<b>Modern 4</b>	Friday	04.45pm - 05.45pm
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<b>Jazz 4</b>	Saturday	11.45am - 12.45pm
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<b>Acro Level 3</b>	Saturday	08.00am - 08.45am
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<b>Acro Level 2</b>	Saturday	10.50am - 11.35am
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<b>Junior Hip Hop (Yr 4-6)</b>	Wednesday	03.45pm - 04.45pm
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<b>Junior Musical Theatre</b>	Tuesday	05.55pm - 06.55pm
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<b>Tap Level 2/3</b>	Friday	04.00pm - 04.45pm OR
	Friday	04.55pm - 05.40pm

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## YEAR 5 (10 to 11 years)

<b>Grade 4 Ballet</b>	Tuesday	04.00pm - 05.00pm
	Thursday	03.55pm - 04.55pm

<b>Modern 5</b>	Thursday	04.55pm - 05.55pm
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<b>Jazz 5</b>	Tuesday	05.00pm - 06.00pm
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<b>Junior Hip Hop (Yr 4-6)</b>	Wednesday	03.45pm - 04.45pm
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<b>Junior Musical Theatre</b>	Tuesday	05.55pm - 06.55pm
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<b>Acro Level 3</b>	Saturday	08.00am - 08.45am
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<b>Tap Level 2/3</b>	Friday	04.00pm - 04.45pm
	Friday	04.55pm - 05.40pm

## Year 6 (11 to 12 years)

<b>Grade 5 Ballet</b>	Wednesday	04.50pm - 05.50pm
	Saturday	11.00am - 12.00pm

<b>Jazz 6</b>	Tuesday	03.45pm - 04.45pm
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<b>Modern 6</b>	Tuesday	04.45pm - 05.45pm
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<b>Junior Musical Theatre</b>	Tuesday	05.55pm - 06.55pm
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<b>Junior Hip Hop</b>	Wednesday	03.45pm - 04.45pm
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<b>Acro Level 3</b>	Saturday	08.55am - 09.40am
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<b>Tap Level 3</b>	Friday	04.55pm - 05.40pm
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# TIMETABLE PER AGE GROUP

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## YEAR 7 (12 to 13 years)

<b>Intermediate Found Ballet</b>	Monday	04.45pm - 05.45pm
	Wednesday	04.50pm - 06.20pm

<b>Open Ballet (Intermediate)</b>	Saturday	12.35pm - 02.05pm
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<b>Intermediate PBT</b>	Thursday	06.25pm - 07.10pm
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<b>Modern 7</b>	Wednesday	06.20pm - 07.20pm
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<b>Jazz 7</b>	Thursday	05.00pm - 06.00pm
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<b>Intermediate Hip Hop</b>	Thursday	04.00pm - 05.00pm
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<b>Tap Level 3</b>	Friday	04.55pm - 05.40pm
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<b>Acro Level 3</b>	Saturday	08.55am - 09.40am
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## Year 8 (13 to 14 years)

<b>Intermediate Ballet (Year 8)</b>	Tuesday	05.05pm - 06.20pm
	Thursday	04.55pm - 06.25pm

<b>Open Ballet (Intermediate)</b>	Saturday	12.35pm - 02.05pm
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<b>Intermediate PBT</b>	Thursday	06.25pm - 07.10pm
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<b>Intermediate Modern</b>	Tuesday	06.20pm - 07.20pm
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<b>Intermediate Jazz (Year 8)</b>	Wednesday	04.50pm - 05.50pm
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<b>Senior Hip Hop</b>	Wednesday	05.55pm - 06.55pm
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<b>Tap Level 4</b>	Tuesday	07.30pm - 08.15pm
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<b>Acro Level 3 or 4</b>	Saturday	08.55am - 09.40am OR
	Saturday	11.30am - 12.15pm

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## YEAR 9 (14 to 15 years)

<b>Intermediate Found Ballet (Year 9)</b>	Tuesday	06.30pm - 08.00pm
	Thursday	07.15pm - 08.30pm

<b>Grade 7 Ballet</b>	Tuesday	05.55pm - 07.25pm
	Thursday	06.00pm - 07.15pm

<b>Open Ballet (Advanced)</b>	Saturday	09.50am - 11.20am
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<b>Senior Jazz (Year 9)</b>	Thursday	06.00pm - 07.00pm
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<b>Senior Hip Hop</b>	Wednesday	05.55pm - 06.55pm
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## Year 10/11 (15 to 17 years)

<b>Disc Rep Level 3</b>	Monday	05.55pm - 06.55pm
	Wednesday	07.00pm - 08.30pm

<b>Senior Jazz / Modern Combo Class</b>	Monday	07.00pm - 08.30pm
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<b>Senior Hip Hop</b>	Wednesday	05.55pm - 06.55pm
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## YEAR 12 (17 to 18 years)

<b>Advanced 2 Ballet</b>	Monday	07.00pm - 08.30pm
	Thursday	07.15pm - 08.45pm

<b>Open Ballet (Advanced)</b>	Saturday	09.50am - 11.20am
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<b>Senior PBT</b>	Monday	06.15pm - 07.00pm
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<b>Senior Hip Hop</b>	Wednesday	05.55pm - 06.55pm
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<b>Advanced Jazz / Lyrical Combo</b>	Wednesday	07.00pm - 08.30pm
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<b>Acro Level 4</b>	Saturday	11.30am - 12.15pm
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<b>Tap Level 4</b>	Tuesday	07.30pm - 08.15pm
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# STUDIO A - GUNYAH STREET

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4.00pm - 5.00pm <b>12/u Jazz Eist</b>	3.45pm - 4.45pm <b>Jazz 6</b>	3.45pm - 4.45pm <b>Jnr Hip Hop (Yr 4-6)</b>	4.00pm - 5.00pm <b>Jazz 1</b>	4.00pm - 4.45pm <b>Tap Level 2</b>	8.00am - 8.45am <b>Acro Level 3 (8-10yrs)</b>
5.00pm - 5.30pm <b>Stretch/Conditioning</b>	4.45pm - 5.45pm <b>Modern 6</b>	4.50pm - 5.50pm <b>Grade 5 Ballet</b>	5.00pm - 5.45pm <b>Acro Level 2</b>	4.55pm - 5.40pm <b>Tap Level 3</b>	8.55am - 9.40am <b>Acro Level 3 (11-13yrs)</b>
5.30pm - 6.30pm <b>12/u Lyrical Group</b>	5.55 - 6.55pm <b>Jnr Musical Theatre</b>	5.55pm - 6.55pm <b>Snr Hip Hop</b>	6.00pm - 7.00pm <b>Snr Jazz (Yr 9/10)</b>	5.45pm - 6.15pm <b>P/L Saskia</b>	9.50am - 11.20am <b>Open Ballet (Adv)</b>
6.30pm - 7.00pm <b>P/L Lily C</b>	7.00pm - 7.30pm <b>P/L Zara</b>	7.00pm - 8.30pm <b>Open Jazz / Lyrical Class (Yr 11/12)</b>	7.00pm - 7.30pm <b>P/L Sam</b>	6.15pm - 6.45pm <b>P/L Georgia</b>	11.30am - 12.15pm <b>Acro Level 4</b>
7.00pm - 8.30pm <b>Snr Mod/Jazz (Yr 10/11)</b>	7.30pm - 8.15pm <b>P/L Nina P</b>	8.30pm - 9.00pm <b>P/L Paris</b>	7.30pm - 8.30pm <b>Adult Jazz</b>	6.45pm - 7.15pm <b>P/L Octavia</b>	12.35pm - 2.05pm <b>Open Ballet (Inters)</b>
				7.15pm - 7.45pm <b>P/L Chloe</b>	



# STUDIO B - GUNYAH STREET

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3.45pm - 4.45pm <b>Grade 1 Ballet</b>	3.45pm - 4.45pm <b>Grade 2 Ballet</b>	3.55pm - 4.40pm <b>Pre-Primary Ballet</b>	4.00pm - 5.00pm <b>Inter Hip hop</b>		9.55am - 10.40am <b>Pre-Primary Ballet</b>
4.45pm - 5.45pm <b>Jazz 2/3</b>	4.45pm - 5.45pm <b>Modern 3</b>	4.50pm - 5.50pm <b>Inter Jazz (Yr 8)</b>	5.00pm - 6.00pm <b>Jazz 7</b>		10.50am - 11.35am <b>Acro Level 2</b>
5.55pm - 6.55pm <b>Disc Rep L3</b>	5.55pm - 7.25pm <b>Grade 7 Ballet</b>	5.50pm - 6.50pm <b>12/u Ballet Eist.</b>	5.45pm - 6.15pm <b>P/L Darcey / Evie</b>		11.45am - 12.45pm <b>Jazz 4</b>
	7.30pm - 8.00pm <b>P/L Elise</b>	7.00pm - 8.30pm <b>Disc Rep L</b>	6.15pm - 6.45pm <b>P/L Annika W</b>		12.45pm - 1.15pm <b>P/L</b>
					1.15pm - 1.45pm <b>P/L</b>

# STUDIO C - 8/165 SAILORS BAY

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4.15pm - 4.45pm <b>P/L Mahli</b>	3.45pm - 4.30pm <b>Beg Hip Hop (K/Yr 1)</b>	3.45pm - 4.30pm <b>Movers &amp; Groovers</b>	3.45pm - 4.45pm <b>Grade 2 Ballet</b>	3.45pm - 4.45pm <b>Jnr hip hop (Yr 2/3)</b>	9.50am - 10.50am <b>Grade 1 Ballet</b>
4.45pm - 5.45pm <b>10/u Ballet Eist.</b>	4.30pm - 5.00pm <b>P/L Sophia C</b>	4.40pm - 5.25pm <b>Acro Level 1</b>	4.55pm - 5.55pm <b>Modern 5</b>	4.55pm - 5.40pm <b>Tap Level 1</b>	11.00am - 12.00pm <b>Grade 5 Ballet</b>
5.45pm - 6.15pm <b>P/L Indi</b>	5.00pm - 6.00pm <b>Jazz 5</b>		6.00pm - 7.15pm <b>Grade 7 ballet</b>		1.00pm - 3.00pm <b>Jnr Acc. Program</b>
6.15pm - 7.00pm <b>Senior PBT</b>	6.20pm - 7.20pm <b>Inter Modern (Yr 8)</b>		7.15pm - 8.45pm <b>Adv. 2 Ballet</b>		
7.00pm - 8.30pm <b>Adv 2 Ballet</b>	7.30pm - 8.15pm <b>Tap 4</b>				
	8.15pm - 8.45pm <b>P/L Elly</b>				

# STUDIO D - 10/165 SAILORS BAY

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3.45pm - 4.45pm <b>Grade 3 Ballet</b>	4.00pm - 5.00pm <b>Grade 4 Ballet</b>	3.45pm - 4.45pm <b>Primary Ballet</b>	3.55pm - 4.55pm <b>Grade 4 Ballet</b>	3.45pm - 4.45pm <b>Grade 3 Ballet</b>	9.00am - 10.00am <b>P/L</b>
4.45pm - 5.45pm <b>Int Found Ballet</b>	5.05pm - 6.20pm <b>Inter Ballet (Yr 8)</b>	4.50pm - 6.20pm <b>Int Found Ballet</b>	4.55pm - 6.25pm <b>Int. Ballet (Yr 8)</b>	4.45pm - 5.45pm <b>Modern 4</b>	10.00am - 10.30am <b>P/L</b>
5.45pm - 6.15pm <b>P/L Scarlett</b>	6.30pm - 8.00pm <b>Inter Ballet (Yr 9/10)</b>	6.20pm - 7.20pm <b>Modern 7</b>	6.25pm - 7.10pm <b>Int. PBT (Yr 8/9)</b>	5.45pm - 6.15pm <b>P/L Annika W</b>	10.30am - 11.15am <b>P/L Evie T</b>
6.15pm - 7.15pm <b>U14 Ballet Eist</b>	8.00pm - 8.30pm <b>P/L</b>	7.20pm - 8.05pm <b>P/L Annika M</b>	7.15pm - 8.30pm <b>Inter Ballet (Yr 9/10)</b>	6.15pm - 7.00pm <b>P/L Keira</b>	11.15am - 12.00 <b>P/L Kurumi</b>
7.15pm - 8.15pm <b>14/u Contemp Eist.</b>		8.05pm - 8.35pm <b>P/L Nina F</b>			12.00pm - 12.30pm <b>Stretch/Conditioning</b>
8.15pm - 8.45pm <b>P/L Nora</b>					1.00pm - 4.00pm <b>Classical Ext. Program</b>

# AGE CATEGORIES

Northbridge Dance Studios



## **BALLET (ROYAL ACADEMY OF DANCE SYLLABUS)**

- PrePrimary – 5/6yrs (Kindergarten)
- Primary – 6/7yrs (Year 1 school)
- Grade 1 Ballet – 7/8yrs (Year 2 school)
- Grade 2 Ballet – 8/9yrs (Year 3 school)
- Grade 3 Ballet – 9/10yrs (Year 4 school)
- Grade 4 Ballet – 10/11yrs (Year 5 school)
- Grade 5 Ballet – 11/12yrs (Year 6 school)
- Intermediate Foundation Ballet (Year 7/8 school)
- Intermediate Ballet (Year 8/9 school)
- Advanced Foundation Ballet (Year 9/10 school)
- Advanced 1 Ballet (Year 10/11 school)
- Advanced 2 Ballet (Year 11/12 school)
- Discovering Repertoire Level 2, 3 and 4 (13yrs +)

## **JAZZ / MODERN**

- Jazz/Modern 1 – 5/7yrs (Kindergarten / Year 1 school)
- Jazz/Modern 2 – 7/8yrs (Year 2 school)
- Jazz/Modern 3 – 8/9yrs (Year 3 school)
- Jazz/Modern 4 – 9/10yrs (Year 4 school)
- Jazz/Modern 5 – 10/11yrs (Year 5 school)
- Jazz/Modern 6 – 11/12yrs (Year 6 school)
- Jazz/Modern 7 – 13/14yrs (Year 7)
- Inter Jazz/Modern - 14/15yrs (Year 8/Year 9)
- Senior Jazz/Modern – 14-16yrs (Year 9/Year 10)
- Advanced Jazz/Modern – 16-18yrs (Year 11/ Year 12)

## **PRESCHOOL CLASSES**

- Ready Set Move 18mths-3yrs
- Ready Set Ballet 2/5yrs
- Ready Set Dance 2/3yrs
- Ready Set Dance 4/5yrs

## **TAP CLASSES**

- Level 1 Tap – 5/7yrs
- Level 2 Tap – 8/10yrs
- Level 3 Tap – 11/12yrs
- Level 4 Tap – 13yrs +

## **HIP HOP CLASSES**

- Beginner Hip Hop - 5/8yrs
- Junior Hip Hop – 9/11yrs
- Intermediate Hip Hop – 12/13yrs
- Senior Hip Hop – 14yrs+

## **PROGRESSIVE BALL TECHNIQUE (PBT)**

- Intermediate PBT class - 11-13yrs
- Senior PBT class – 14-17yrs

## **ACRO / TUMBLING**

- Level 1 Acro - 5-7yrs
- Level 2 Acro - 6-8yrs
- Level 3 Acro - 8-10yrs/11-13yrs
- Level 4 Acro - 13 + yrs

## **EISTEDDFOD GROUPS (INVITATION ONLY)**

- 10/u Ballet Group – 8/10yrs
- 12/u Ballet Group – 11/12yrs
- 12/u Lyrical Group - 10/12yrs
- 12/u Jazz Group - 10/12yrs
- 14/u Lyrical Group – 12/14yrs