

TIMETABLE PER AGE GROUP

Northbridge Dance Studios Timetable 2022



PRESCHOOL (18 months to 5 years)

READY SET MOVE (18mths - 3 yrs)	Thursday	09.30am - 10.15am
	Friday	11.15am - 12.00pm
	Saturday	09.00am - 09.45am

READY SET BALLET (2.5 - 5 yrs)	Thursday	10.30am - 11.00am
	Friday*	09.30am - 10.00am
	Saturday	08.00am - 08.30am

READY SET DANCE (2.5 - 5 yrs)	Thursday	11.10am - 12.10pm
	Friday*	10.10am - 11.10am
	Saturday	08.40am - 09.40am

KINDERGARTEN (5 to 6 years)

Preprimary Ballet (Option 1)	Wednesday	03.55pm - 04.40pm
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Preprimary Ballet (Option 2)	Saturday	09.55am - 10.40am
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Movers & Groovers	Wednesday	03.45pm - 04.30pm
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Acro Level 1	Wednesday	04.40pm - 05.25pm
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Beginner Hip Hop	Tuesday	03.45pm - 04.30pm
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*These classes are the proposed Level 1 classes (2.5-3.5yrs) but subject to interest and may change to mixed age.

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YEAR 1 (6 to 7 years)

Primary Ballet Wednesday 03.45pm - 04.45pm

Jazz 1 Thursday 03.45pm - 04.45pm

Acro Level 2 Thursday 04.55pm - 05.40pm

Beginner Hip Hop Tuesday 03.45pm - 04.30pm

Tap Level 1 Friday 04.55pm - 05.40pm

Year 2 (7 to 8 years)

Grade 1 Ballet Monday 03.45pm - 04.45pm
(2x week compulsory) Saturday 09.50am - 10.50am

Jazz 2/3 Monday 04.55pm - 05.55pm

Acro Level 2 Saturday 10.50am - 11.35am OR
Thursday 05.00pm - 05.45pm

Junior Hip Hop Friday 03.45pm - 04.45pm
(Yr 2/3)

Tap Level 2 Friday 04.55pm - 05.40pm

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YEAR 3 (8 to 9 years)

Grade 2 Ballet	Tuesday	03.45pm - 04.45pm
	Thursday	03.45pm - 04.45pm

Modern 3	Tuesday	04.45pm - 05.45pm
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Acro Level 2	Saturday	10.50am - 11.35am OR
	Thursday	05.00pm - 05.45pm

Jazz 2/3	Monday	04.55pm - 05.55pm
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Junior Hip Hop (Yr 2/3)	Friday	03.45pm - 04.45pm
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Tap Level 2	Friday	04.55pm - 05.40pm
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Year 4 (9 to 10 years)

Grade 3 Ballet	Monday	03.45pm - 04.45pm
	Friday	03.45pm - 04.45pm

Modern 4	Friday	04.45pm - 05.45pm
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Jazz 4	Saturday	11.45am - 12.45pm
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Acro Level 3	Saturday	08.00am - 08.45am
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Acro Level 2	Saturday	10.50am - 11.35am
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Junior Hip Hop (Yr 4-6)	Wednesday	03.45pm - 04.45pm
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Junior Musical Theatre	Tuesday	05.55pm - 06.55pm
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Tap Level 2/3	Friday	04.00pm - 04.45pm OR
	Friday	04.55pm - 05.40pm

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YEAR 5 (10 to 11 years)

Grade 4 Ballet	Tuesday	04.00pm - 05.00pm
	Thursday	03.55pm - 04.55pm

Modern 5	Thursday	04.55pm - 05.55pm
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Jazz 5	Tuesday	05.00pm - 06.00pm
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Junior Hip Hop (Yr 4-6)	Wednesday	03.45pm - 04.45pm
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Junior Musical Theatre	Tuesday	05.55pm - 06.55pm
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Acro Level 3	Saturday	08.00am - 08.45am
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Tap Level 2/3	Friday	04.00pm - 04.45pm
	Friday	04.55pm - 05.40pm

Year 6 (11 to 12 years)

Grade 5 Ballet	Wednesday	04.50pm - 05.50pm
	Saturday	11.00am - 12.00pm

Jazz 6	Tuesday	03.45pm - 04.45pm
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Modern 6	Tuesday	04.45pm - 05.45pm
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Junior Musical Theatre	Tuesday	05.55pm - 06.55pm
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Junior Hip Hop	Wednesday	03.45pm - 04.45pm
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Acro Level 3	Saturday	08.55am - 09.40am
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Tap Level 3	Friday	04.55pm - 05.40pm
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Northbridge Dance Studios Timetable 2022



YEAR 7 (12 to 13 years)

Intermediate Found Ballet	Monday	04.45pm - 05.45pm
	Wednesday	04.50pm - 06.20pm

Open Ballet (Intermediate)	Saturday	12.35pm - 02.05pm
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Intermediate PBT	Thursday	06.25pm - 07.10pm
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Modern 7	Wednesday	06.20pm - 07.20pm
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Jazz 7	Thursday	05.00pm - 06.00pm
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Intermediate Hip Hop	Thursday	04.00pm - 05.00pm
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Tap Level 3	Friday	04.55pm - 05.40pm
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Acro Level 3	Saturday	08.55am - 09.40am
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Year 8 (13 to 14 years)

Intermediate Ballet (Year 8)	Tuesday	05.05pm - 06.20pm
	Thursday	04.55pm - 06.25pm

Open Ballet (Intermediate)	Saturday	12.35pm - 02.05pm
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Intermediate PBT	Thursday	06.25pm - 07.10pm
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Intermediate Modern	Tuesday	06.20pm - 07.20pm
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Intermediate Jazz (Year 8)	Wednesday	04.50pm - 05.50pm
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Senior Hip Hop	Wednesday	05.55pm - 06.55pm
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Tap Level 4	Tuesday	07.30pm - 08.15pm
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Acro Level 3 or 4	Saturday	08.00am - 08.45am OR
	Saturday	11.30am - 12.15pm

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Northbridge Dance Studios Timetable 2022



YEAR 9 (14 to 15 years)

Intermediate Found Ballet (Year 9)	Tuesday	06.35pm - 08.05pm
	Thursday	07.15pm - 08.30pm

Grade 7 Ballet	Tuesday	05.55pm - 07.25pm
	Thursday	06.00pm - 07.15pm

Open Ballet (Advanced)	Saturday	09.50am - 11.20am
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Senior Jazz (Year 9)	Thursday	06.00pm - 07.00pm
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Senior Hip Hop	Wednesday	05.55pm - 06.55pm
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Year 10/11 (15 to 17 years)

Disc Rep Level 3	Monday	05.55pm - 06.55pm
	Wednesday	07.00pm - 08.30pm

Senior Jazz / Modern Combo Class	Monday	07.00pm - 08.30pm
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Senior Hip Hop	Wednesday	05.55pm - 06.55pm
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Northbridge Dance Studios Timetable 2022



YEAR 12 (17 to 18 years)

Advanced 2 Ballet	Monday	07.00pm - 08.30pm
	Thursday	07.15pm - 08.45pm

Open Ballet (Advanced)	Saturday	09.50am - 11.20am
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Senior PBT	Monday	06.15pm - 07.00pm
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Senior Hip Hop	Wednesday	05.55pm - 06.55pm
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Advanced Jazz / Lyrical Combo	Wednesday	07.00pm - 08.30pm
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Acro Level 4	Saturday	11.30am - 12.15pm
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Tap Level 4	Tuesday	07.30pm - 08.15pm
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STUDIO A - GUNYAH STREET

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4.00pm - 5.00pm 12/u Jazz Eist	3.45pm - 4.45pm Jazz 6	3.45pm - 4.45pm Jnr Hip Hop (Yr 4-6)	4.00pm - 5.00pm Inter Hip Hop	4.00pm - 4.45pm Tap Level 2	8.00am - 8.45am Acro Level 3 (8-10yrs)
5.00pm - 5.30pm Stretch/Conditioning	4.45pm - 5.45pm Modern 6	4.50pm - 5.50pm Grade 5 Ballet	5.00pm - 6.00pm Jazz 7	4.55pm - 5.40pm Tap Level 3	8.55am - 9.40am Acro Level 3 (11-13yrs)
5.30pm - 6.30pm 12/u Lyrical Group	5.55 - 6.55pm Jnr Musical Theatre	5.55pm - 6.55pm Snr Hip Hop	6.00pm - 7.00pm Snr Jazz (Yr 9/10)	5.45pm - 6.15pm P/L Saskia	9.50am - 11.20am Open Ballet (Adv)
6.30pm - 7.00pm P/L Lily C	7.00pm - 7.30pm P/L Zara	7.00pm - 8.30pm Open Jazz / Lyrical Class (Yr 11/12)	7.00pm - 7.30pm P/L Sam	6.15pm - 6.45pm P/L Georgia	11.30am - 12.15pm Acro Level 4
7.00pm - 8.00pm 14/u Contemp Eist.	7.30pm - 8.15pm P/L Nina P	8.30pm - 9.00pm P/L Paris	7.30pm - 8.30pm Adult Jazz	6.45pm - 7.15pm P/L Octavia	12.35pm - 2.05pm Open Ballet (Inters)
8.00pm - 8.30pm P/L Nora				7.15pm - 7.45pm P/L Chloe	

STUDIO B - GUNYAH STREET

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3.45pm - 4.45pm Grade 1 Ballet	3.45pm - 4.45pm Grade 2 Ballet	3.55pm - 4.40pm Pre-Primary Ballet	4.00pm - 5.00pm Jazz 1		9.55am - 10.40am Pre-Primary Ballet
4.45pm - 5.45pm Jazz 2/3	4.45pm - 5.45pm Modern 3	4.50pm - 5.50pm Inter Jazz (Yr 8)	5.00pm - 5.45pm Acro Level 2		10.50am - 11.35am Acro Level 2
5.55pm - 6.55pm Disc Rep L3	5.55pm - 7.25pm Grade 7 Ballet	5.50pm - 6.50pm 12/u Ballet Eist.	5.45pm - 6.15pm P/L Darcey / Evie		11.45am - 12.45pm Jazz 4
7.00pm - 8.30pm Snr Mod/Jazz (Yr 10/11)	7.30pm - 8.00pm P/L Elise	7.00pm - 8.30pm Disc Rep L	6.15pm - 6.45pm P/L Annika W		12.45pm - 1.15pm P/L
					1.15pm - 1.45pm P/L

STUDIO C - 8/165 SAILORS BAY

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4.15pm - 4.45pm P/L Mahli	3.45pm - 4.30pm Beg Hip Hop (K/Yr 1)	3.45pm - 4.30pm Movers & Groovers	3.45pm - 4.45pm Grade 2 Ballet	3.45pm - 4.45pm Jnr hip hop (Yr 2/3)	9.50am - 10.50am Grade 1 Ballet
4.45pm - 5.45pm 10/u Ballet Eist.	4.30pm - 5.00pm P/L Sophia C	4.40pm - 5.25pm Acro Level 1	4.55pm - 5.55pm Modern 5	4.55pm - 5.40pm Tap Level 1	11.00am - 12.00pm Grade 5 Ballet
5.45pm - 6.15pm P/L Indi	5.00pm - 6.00pm Jazz 5		6.00pm - 7.15pm Grade 7 ballet		1.00pm - 3.00pm Jnr Acc. Program
6.15pm - 7.00pm Senior PBT	6.20pm - 7.20pm Inter Modern (Yr 8)		7.15pm - 8.45pm Adv. 2 Ballet		
7.00pm - 8.30pm Adv 2 Ballet	7.30pm - 8.15pm Tap 4				
	8.15pm - 8.45pm P/L Elly				

STUDIO D - 10/165 SAILORS BAY

Northbridge Dance Studios Timetable 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3.45pm - 4.45pm Grade 3 Ballet	4.00pm - 5.00pm Grade 4 Ballet	3.45pm - 4.45pm Primary Ballet	3.55pm - 4.55pm Grade 4 Ballet	3.45pm - 4.45pm Grade 3 Ballet	9.00am - 10.00am P/L
4.45pm - 5.45pm Int Found Ballet	5.05pm - 6.20pm Inter Ballet (Yr 8)	4.50pm - 6.20pm Int Found Ballet	4.55pm - 6.25pm Int. Ballet (Yr 8)	4.45pm - 5.45pm Modern 4	10.00am - 10.30am P/L
5.45pm - 6.45pm U14 Ballet Eist	6.30pm - 8.00pm Inter Ballet (Yr 9/10)	6.20pm - 7.20pm Modern 7	6.25pm - 7.10pm Int. PBT (Yr 8/9)	5.45pm - 6.15pm P/L Annika W	10.30am - 11.15am P/L Evie T
6.45pm - 7.15pm P/L Scarlett	8.00pm - 8.30pm P/L Evie V	7.20pm - 8.05pm P/L Annika M	7.15pm - 8.30pm Inter Ballet (Yr 9/10)	6.15pm - 7.00pm P/L Keira	11.15am - 12.00 P/L Kurumi
		8.05pm - 8.35pm P/L Nina F			12.00pm - 12.30pm Stretch/Conditioning
					1.00pm - 4.00pm Classical Ext. Program

AGE CATEGORIES

Northbridge Dance Studios



BALLET (ROYAL ACADEMY OF DANCE SYLLABUS)

- PrePrimary – 5/6yrs (Kindergarten)
- Primary – 6/7yrs (Year 1 school)
- Grade 1 Ballet – 7/8yrs (Year 2 school)
- Grade 2 Ballet – 8/9yrs (Year 3 school)
- Grade 3 Ballet – 9/10yrs (Year 4 school)
- Grade 4 Ballet – 10/11yrs (Year 5 school)
- Grade 5 Ballet – 11/12yrs (Year 6 school)
- Intermediate Foundation Ballet (Year 7/8 school)
- Intermediate Ballet (Year 8/9 school)
- Advanced Foundation Ballet (Year 9/10 school)
- Advanced 1 Ballet (Year 10/11 school)
- Advanced 2 Ballet (Year 11/12 school)
- Discovering Repertoire Level 2, 3 and 4 (13yrs +)

JAZZ / MODERN

- Jazz/Modern 1 – 5/7yrs (Kindergarten / Year 1 school)
- Jazz/Modern 2 – 7/8yrs (Year 2 school)
- Jazz/Modern 3 – 8/9yrs (Year 3 school)
- Jazz/Modern 4 – 9/10yrs (Year 4 school)
- Jazz/Modern 5 – 10/11yrs (Year 5 school)
- Jazz/Modern 6 – 11/12yrs (Year 6 school)
- Jazz/Modern 7 – 13/14yrs (Year 7)
- Inter Jazz/Modern - 14/15yrs (Year 8/Year 9)
- Senior Jazz/Modern – 14-16yrs (Year 9/Year 10)
- Advanced Jazz/Modern – 16-18yrs (Year 11/ Year 12)

PRESCHOOL CLASSES

- Ready Set Move 18mths-3yrs
- Ready Set Ballet 2/5yrs
- Ready Set Dance 2/3yrs
- Ready Set Dance 4/5yrs

TAP CLASSES

- Level 1 Tap – 5/7yrs
- Level 2 Tap – 8/10yrs
- Level 3 Tap – 11/12yrs
- Level 4 Tap – 13yrs +

HIP HOP CLASSES

- Beginner Hip Hop - 5/8yrs
- Junior Hip Hop – 9/11yrs
- Intermediate Hip Hop – 12/13yrs
- Senior Hip Hop – 14yrs+

PROGRESSIVE BALL TECHNIQUE (PBT)

- Intermediate PBT class - 11-13yrs
- Senior PBT class – 14-17yrs

ACRO / TUMBLING

- Level 1 Acro - 5-7yrs
- Level 2 Acro - 6-8yrs
- Level 3 Acro - 8-10yrs/11-13yrs
- Level 4 Acro - 13 + yrs

EISTEDDFOD GROUPS (INVITATION ONLY)

- 10/u Ballet Group – 8/10yrs
- 12/u Ballet Group – 11/12yrs
- 12/u Lyrical Group - 10/12yrs
- 12/u Jazz Group - 10/12yrs
- 14/u Lyrical Group – 12/14yrs